



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

COOKING THROUGH THE CALENDAR

Join us to make healthy and cost effective recipes from the 2018 KYNEP Calendar

Carter County Extension Ed Center
12:00 Noon

February 23- Skillet Enchiladas
March 23- Chowder Made Easy
April 27- Parmesan Chicken & Broccoli Salad
May 25- Turkey Meatball Wraps
June 22- Breakfast Pizza
July 27- Fruit Treat
August 24- Game Day Sloppy Joes & Farmers Market Salsa
September 28- Autumn Sweet Potato Chili
October 26- Roasted Veggie Potatoes and Red Beans & Rice

Grahn School Community Center
5:00 PM

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KITCHEN TOOLS WILL BE GIVEN AWAY AT EACH SESSION TO ALL PARTICIPANTS

IF YOU ATTEND 7 OF THE SESSIONS YOUR NAME WILL BE ENTERED IN A DRAWING TO WIN AN ELECTRIC PRESSURE COOKER!

SPACE IS LIMITED: CALL 474-6686 TO REGISTER

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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Disabilities accommodated with prior notification.