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Carter County Extension Office

The new Extensions Publications database is here!

The Extension Publications (pubs) website database has been a reliable resource for communities to strengthen, build and engage the Commonwealth—offering searchable pubs in five areas, which include:

- <u>4-H Youth Development</u> (4-H)
- <u>Agricultural and Natural Resources</u> (ANR)
- <u>Community and Economic Development</u> (CED)
- <u>Experiment Station</u> (ES)
- Family and Consumer Sciences (FCS)

The new database at <u>https://publications.ca.uky.edu</u> offers a more visual, intuitive user experience with an updated search tool to filter results by author, area, series title, or language (English or Spanish). When reviewing publications, readers can more easily find author names, abstracts, core and categorical details, keywords and downloadable publication files. In addition, photo icons and updated links will give readers better visual and informational integrity.

Interested in reading some of the most recent Extension publications by area? Check these out:

- **4-H: Thriving in Food & Nutrition.** Positive youth development in 4-H doesn't just happen, the 4-H Thriving Model is used to predict the way that 4-H has its positive impact on youth development. This worksheet resource is intended for agents and volunteers to use when intentionally designing programs to promote high-quality, positive youth development experiences in Foods and Nutrition programming.
- **ANR: Planting Along Your Stream, Pond or Lake.** Kentucky has more than 90,000 miles of rivers and streams and thousands of ponds, lakes, reservoirs, and wetlands. You can improve your surroundings and the quality of your stream, pond, or lake by planting an area called a riparian buffer or buffer zone.
- **CED: Understanding Your Organization's Culture, ANR Facilitator's Guide.** Effective leaders profoundly affect the culture of their organizations. Leaders hire and fire, determine policies, and are organizational role models. All these factors impact an organization's culture. Therefore, it is important that leaders understand the basics behind culture and how to influence it toward desired results.
- ES: Soybean Production Contest. In Kentucky, farmers grow soybeans in two common soybean production systems: full season and double crop. Both systems are important to the overall production of soybeans in Kentucky. To document the agronomic practices utilized by producers, an annual soybean production contest was initiated in Kentucky in 1980.
- FCS: Adding Up Vitamin A in the Diet. What do sweet potatoes and beef liver have in common? They are both excellent sources of vitamin A. We need this vitamin for vision, immunity, growth, development, and helping our heart and lungs to work well.

Interested in browsing or searching all Extension publications? Visit <u>https://publications.ca.uky.edu/search</u>. Contact your local Carter County Extension office for more resources, tips and information. Educational

programs of the Cooperative Extension Service serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expressions, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.

Upcoming Events:

- The Grayson Farmer's Market is open on Saturdays from 9:00 AM until noon and on Thursdays from 2:00-6:00 PM. The market is located in the shed behind the Extension Office. The Olive Hill Farmer's Market is located in the Save-a-Lot parking lot and is open on Saturdays and Wednesdays at 8:00 AM and Mondays at 3:00 PM until sell out each day. There will be a pop-up market on the first Tuesday of the month in the Friendship & Chapel House parking lot from 6:00-8:00 PM.
- Little Sandy Beekeepers Tuesday, October 1st @ 6:30 PM
- The deadline to request free hay analysis through the **East KY Hay Contest** is October 11th. Call 474-6686 to schedule you hay sampling.